

# Spirit & Life

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John 6:47-68

# The Story So Far

- Jesus feeds the “5,000”
- The disciples take off
- Jesus walks on water
- The people follow him
  - They want more food.
  - Jesus says HE is the food they need.

John 6:47-63

“The words that I have spoken  
to you are spirit & life.”

## Thesis Statement - John 20:31

“These things are recorded so that you may believe that Jesus is the Christ, the Son of God, *and that by believing you may have life in His name.*”

# Spirit & Life

1. When God gets tough with us,  
He does it to expose our  
hearts.
  - a. God gets tough with us through  
His Word.
    - Psa 115:3
    - Daniel 4:35
    - Isa 45:9
    - Luke 9:62

# Spirit & Life

- b.** God gets tough with us by putting us in places of hardship.
  - We are tested to teach us to rely on God.
  - Hardship endures declares the glory of God.

# We are tested to teach us to rely on God

"We do not want you to be uninformed, brothers, about the hardships we suffered in the province of Asia. We were under great pressure, far beyond our ability to endure, so that we despaired even of life. Indeed, in our hearts we felt the sentence of death. **But this happened that we might not rely on ourselves but on God, who raises the dead.** He has delivered us from such a deadly peril, and he will deliver us. On him we have set our hope that he will continue to deliver us, as you help us by your prayers. Then many will give thanks on our behalf for the gracious favor granted us in answer to the prayers of many"

- 2 Cor 1 8:-11

Hardship endures declares the glory of God

“Such trials show the proven character of your faith, which is much more valuable than gold—gold that is tested by fire, even though it is passing away—and will bring praise and glory and honor when Jesus Christ is revealed.”

- 1 Peter 1:7

# Spirit & Life

2. In boldly living the Christian life, we must be honest about our source of truth.

- Know it
- Live it
- Proclaim it

## Know it.

- You have two choices for dealing with your heart: you can either let your heart inform you, or you can inform your heart.
  - ❖ Proverbs 4:23
  - ❖ Jeremiah 17:9
  - ❖ John 6:63
  - ❖ Hebrews 10:22

Live it

John 6:66 – literally, the false disciples  
“went back to what lay behind.”

(ἀπῆλθον εἰς τὰ οπίσω)

Know it.

“I have not already been perfected, but I strive to lay hold of that for which Christ Jesus also laid hold of me. Brothers and sisters, I do not consider myself to have attained this. Instead I am single-minded: **Forgetting the things that are behind and straining forward for the things that are ahead,** with this goal in mind, I strive towards the prize of the upward call of God in Christ Jesus”  
-Philippians 3:12-13

Live it

“Lord, to whom shall we go? You  
have the words of eternal life.”

Proclaim it!

Carl Sagan: “When you are in love,  
you want to tell the world.”

Proclaim it!

“We delight to praise what we enjoy because the praise not merely expresses but completes the enjoyment; it is its appointed consummation. It is not out of compliment that lovers keep on telling one another how beautiful they are; the delight is incomplete till it is expressed.”

**-C.S. Lewis**

## John 6:35-40

Jesus said to them, “I am the bread of life; whoever comes to me shall not hunger, and whoever believes in me shall never thirst. But I said to you that you have seen me and yet do not believe. All that the Father gives me will come to me, and whoever comes to me I will never cast out. For I have come down from heaven, not to do my own will but the will of him who sent me. And this is the will of him who sent me, that I should lose nothing of all that he has given me, but raise it up on the last day.”

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