

## Doctrinal Studies

### Maturity

1. Maturity is the ability to control anger and settle differences without violence or destruction.
2. Maturity is patience. It is the willingness to pass up immediate pleasure in favor of long-term gain.
3. Maturity is perseverance, the ability to sweat out a project or a situation in spite of heavy opposition and discouraging setbacks.
4. Maturity is the capacity to face unpleasantness and frustration, discomfort and defeat, without complaint or collapse.
5. Maturity is humility. It is being big enough to say, "I was wrong" and, when right, the mature person need not experience the satisfaction of saying, "I told you so."
6. Maturity is the ability to make a decision and follow through. The immature spend their lives exploring endless possibilities and then do nothing.
7. Maturity means dependability, keeping one's word and coming through in a crisis. The immature are masters of the alibi. They are a maze of broken promises, former friends, unfinished business and good intentions that never materialize.
8. Maturity is the art of living in peace with what we cannot change, the courage to change what we know should be changed and the wisdom to know the difference.
9. Maturity is the ability to eliminate false thinking and false negative emotions, thus removing instability.
10. Maturity is the ability to retain vertical viewpoint under pressure.